

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
Daily Alternates • Popcorn Smackers	Daily Alternates • Cheeseburger on a Bun	Daily Alternates • Breaded Chicken Sandwich	Dish of the Day • Cheesesteak Hoagie • Seasoned Steamed Peas • Diced Peaches • Assorted Lowfat Milk Daily Alternates • Corn Dog Nuggets Weekly Munchable Option • Lunch Munchable Ham and Cheese w/ Crackers	Dish of the Day • Turkey and Bacon Ranch Panini • Seasoned Steamed Carrots • Refreshing Mixed Fruit • Assorted Lowfat Milk Daily Alternates • Cheese Pizza Weekly Munchable Option • Lunch Munchable Ham and Cheese w/ Crackers
31	1	2	3	4
Dish of the Day • Mandarin Orange Chicken and Rice Bowl • Seasoned Steamed Broccoli • Diced Peaches • Assorted Lowfat Milk Daily Alternates • Popcorn Smackers Weekly Munchable Option • Lunch Munchable Ham and Cheese w/ Crackers	Dish of the Day • Chicken Nachos with Cheddar Cheese & Fresh Bread • Seasoned Steamed Golden Corn • Tropical Pineapple Tidbits • Assorted Lowfat Milk Daily Alternates • Cheeseburger on a Bun Weekly Munchable Option • Lunch Munchable Ham and Cheese w/ Crackers	Dish of the Day • Ham & Cheese Stromboli • Seasoned Steamed Carrots • Refreshing Mixed Fruit • Assorted Lowfat Milk Daily Alternates • Breaded Chicken Sandwich Weekly Munchable Option • Lunch Munchable Ham and Cheese w/ Crackers	Dish of the Day • French Toast Sticks w/Sausage • Crispy Tater Tots • Citrusy Mandarin Oranges • Assorted Lowfat Milk Daily Alternates • Corn Dog Nuggets Weekly Munchable Option • Lunch Munchable Ham and Cheese w/ Crackers	Dish of the Day • BBQ Pulled Pork Sandwich • BBQ Bacon Baked Beans • Creamy Cole Slaw • Refreshing Mixed Fruit • Assorted Lowfat Milk Daily Alternates • Cheese Pizza Weekly Munchable Option • Lunch Munchable Ham and Cheese w/ Crackers

What makes a meal? You must choose at least 3 to 5 components available for the school lunch price. Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk *Students must choose at least one fruit or vegetable

Daily Lunch Alternates: Chef Salad, Turkey/Ham/Cheese,Egg MMA, V-DG

Vegetable Options: Fresh Baby Carrots , Fresh Cucumber Slices , Fresh Celery Sticks , Chickpeas Italiano , Black Beans

Fruit Options: Golden Delicious Apple , Fresh Petite Banana , Fresh Orange , Citrusy Mandarin Oranges , Tropical Pineapple Tidbits , Diced Pears , Diced Peaches , Orange Juice - Galliker , Apple Juice - Galliker

Assorted Fruit & Juice: Red Delicious Apple Fresh Petite Banana Fresh Orange , Apple Juice - Galliker , Orange Juice - Galliker

Milk: Milk, 1% Low Fat, Unflavored, Half Pint, Galliker Milk, Chocolate, Fat Free, Half Pint , Galliker's, Milk, Strawberry, Fat Free, Half Pint, Galliker's,

Menu Subject to Change

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31 Dish of the Day • Mandarin Orange Chicken and Rice Bowl • Seasoned Steamed Broccoli • Diced Peaches • Assorted Lowfat Milk Daily Alternates • Popcorn Smackers Weekly Munchable Option • Lunch Munchable Ham and Cheese w/ Crackers	1 Dish of the Day • Chicken Nachos with Cheddar Cheese & Fresh Bread • Seasoned Steamed Golden Corn • Tropical Pineapple Tidbits • Assorted Lowfat Milk Daily Alternates • Cheeseburger on a Bun Weekly Munchable Option • Lunch Munchable Ham and Cheese w/ Crackers	2 Dish of the Day • Ham & Cheese Stromboli • Seasoned Steamed Carrots • Refreshing Mixed Fruit • Assorted Lowfat Milk Daily Alternates • Breaded Chicken Sandwich Weekly Munchable Option • Lunch Munchable Ham and Cheese w/ Crackers	3 Dish of the Day • French Toast Sticks w/Sausage • Crispy Tater Tots • Citrusy Mandarin Oranges • Assorted Lowfat Milk Daily Alternates • Corn Dog Nuggets Weekly Munchable Option • Lunch Munchable Ham and Cheese w/ Crackers	4 Dish of the Day • BBQ Pulled Pork Sandwich • BBQ Bacon Baked Beans • Creamy Cole Slaw • Refreshing Mixed Fruit • Assorted Lowfat Milk Daily Alternates • Cheese Pizza Weekly Munchable Option • Lunch Munchable Ham and Cheese w/ Crackers
7	8 Dish of the Day • Beef & Cheese Soft Taco • Seasoned Steamed Carrots • Tropical Pineapple Tidbits • Assorted Lowfat Milk Daily Alternates • Cheeseburger on a Bun Weekly Munchable Option • Nacho Munchable	9 Dish of the Day • Bosco Sticks w/Dipping Sauce • Seasoned Steamed Peas • Diced Peaches • Assorted Lowfat Milk Daily Alternates • Breaded Chicken Sandwich Weekly Munchable Option • Nacho Munchable	10 Dish of the Day • Popcorn Smackers • Creamy Mashed Potatoes w/ Gravy • Citrusy Mandarin Oranges • Assorted Lowfat Milk Daily Alternates • Corn Dog Nuggets Weekly Munchable Option • Nacho Munchable	11 Dish of the Day • Juicy Cheeseburger on a Bun • Seasoned Steamed Carrots • Diced Peaches • Assorted Lowfat Milk Daily Alternates • Cheese Pizza Weekly Munchable Option • Nacho Munchable
14	15	16	17	18
21	22	23	24	25
28	29	30	1	2

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Vegetable Options: Fresh Baby Carrots , Fresh Cucumber Slices , Fresh Celery Sticks , Chickpeas Italiano , Black Beans

Fruit Options: Golden Delicious Apple , Fresh Petite Banana , Fresh Orange , Citrusy Mandarin Oranges , Tropical Pineapple Tidbits , Diced Pears , Diced Peaches , Orange Juice - Galliker , Apple Juice - Galliker

Assorted Fruit & Juice: Red Delicious Apple Fresh Petite Banana Fresh Orange , Apple Juice - Galliker , Orange Juice - Galliker

Milk: Milk, 1% Low Fat, Unflavored, Half Pint, Galliker Milk, Chocolate, Fat Free, Half Pint , Galliker's, Milk, Strawberry, Fat Free, Half Pint, Galliker's,

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